



CC-Montessori Minutes | December 13th, 2021

Salutations!

Can you believe the end of the semester is here? We know our community is ready for their long break and want to wish everyone a safe and pleasant time. We had some exciting things happening on campus during our last few weeks from student projects to a visit from Mayor Paulette Guajardo and Reliant Energy to see our Outdoor Classroom and Gardens. There has been growth through struggles and we appreciate the support you give us in reaffirming messages, encouraging students to make and meet goals, and reaching out with concerns. We appreciate your grace and understanding!



Social Media Tips For Parents

With the upcoming break, your little loves will have more free time and access to phones, tablets, game systems, and computers. Here are some tips to keep in mind for the break.

1. Remind them about media access rules. Reiterate your expectations and the consequences if they are not met.
2. Remind them about online safety. Even if *you* don't allow a program or outlet in your home, students may find access through friend accounts. Remind them not to show or share details that can help others find them online. (School shirt on the bed in the back of their TikTok, address visible in the Instagram photo...)
3. Talk about online etiquette & remaining polite. Disengage from the drama & connect in real life.



Teach Empathy

Graceful Parenting By: Eve M. Dreyfus

Empathy is defined as experiencing the feelings and thoughts of another and is a very important part of human relationships.

Empathetic parents raise empathetic children. Teach your child to understand the way others feel and think about things. Do this by considering concrete problems between your child and another person.

Have your child imagine out loud how he or she would feel and act if he or she were that other person. A child who learns empathy will easily relate to and understand the world.



CC-Montessori wishes all families and staff a safe and rejuvenating winter break! We look forward to Spring Renewal!

Important Upcoming Dates:

December 16th- Basketball @ Miller HS 6:30 & M/S Parent's Night Out: 4-7 pm

December 17th- Last day of school before break & School-wide Pajama Party

Dec 21st – Jan 3rd- Winter Break

Jan 4th- School Back in Session

Jan 8th- Parent Workday @ School 8am-12pm

Check Attached Calendar for Important Changes!

Mandatory Parent Meetings by Community:

- Jan 11th- 4:15- Ms. Jana's | 5:15- Ms. Stephanie's
- Jan 12th- 4:15- Ms. Lori's | 5:15- Ms. Esther's
- Jan 13th- 4:15- Middle School

How Can We Help Kids With Self-Regulation?

Some kids need help learning to control their emotions, and resist impulsive behavior

Quick Read

It's normal for 2-year-olds to have tantrums. But if your child is 5 or older and still having meltdowns a lot, they may need help learning to control their emotions or actions. This is called "self-regulation." Some kids are born having a harder time with self-regulation. Some don't develop the skills if parents jump in right away to solve problems or help them calm down. Children with ADHD or anxiety may also have this problem.

Self-regulation is a skill that children need to be taught and practice. The trick is not to avoid hard situations. Instead, parents can coach kids through tough situations. Breaking an activity into smaller, more doable parts can help. For instance, if your child has a hard time brushing their teeth, start with just putting toothpaste on the brush. Praise them a lot when they do it and slowly add steps.

When kids act out, encourage them to slow down and reflect. With a parent's help, kids can learn to ask themselves: What went wrong? Why? How can I fix that for next time?

Practicing mindfulness can help with self-regulation. Mindfulness teaches kids how to focus on the present instead of the past or the future. For some families, parent training programs may also be helpful. For older kids, a kind of therapy called dialectical behavior therapy (DBT) can help with emotion regulation and distress tolerance.

Interested? Read the full article here: <https://childmind.org/article/can-help-kids-self-regulation/>

What You'll Learn

- What is self-regulation?
- How can I teach my child self-regulation skills?
- Are there treatments that help with self-regulation?



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Staff Spotlight!

Get to know your staff at CC-Montessori

Ms. Serita



Ms. Serita is our other crazy angel that teaches Middle Schoolers. She teaches Math, Science, and Personal World in the Middle School Community. She believes in guiding children toward independence and is an advocate of helping to teach personal responsibility.

This lovely educator has been part of our community for four years, she has also worked in Flour Bluff and Seashore Middle School Academy. Ms. Serita left for a short time and became the Area Director for Area 2 within the Special Olympics. She is a certified Texas Educator and has her American Montessori Certificate in Secondary Education.

Serita is known among the staff for her delicious cooking skills, her love of Star Wars, sharing jokes and her most excellent and infectious laugh. She is known to love building and crafting and puts those talents to use on campus. She also enjoys working out and being mindful of her health and body. She is the proud mother of two boys.

Did you know about Ms. Serita? She's pretty spiffy!

Staff Spotlight!

Get to know your staff at CC-Montessori

Ms. Gail



Ms. Gail works in Lower Elementary with Ms. Jana, Ms. Tiffany, and Mr. Chris. She became a member of our community last year and began her training for a Montessori Certification in Lower and Upper Elementary during the summer.

She has five years of teaching experience and has a soft spot for theatre. Ms. Gail worked as a Theatre Arts teacher in Boston, MA and North Carolina. Last year, she supported the children's efforts to establish a theatre club after school.

She was a great help in the Lower Elementary community when distance learning became the norm by sharing her affinity for technology and understanding of different programs with her colleagues. Their online lessons were engaging and beautiful and her support helped the staff grow.

Her quiet and gentle personality gives a sense of peace and calm to the classroom. Her abundance of patience, growth mindset, and positive outlook help bring stability and peace to those around her.

We are excited to share that Ms. Gail is beginning her family and expecting her first child in late February. We are thrilled for her and eagerly awaiting the opportunity to meet her new little one.

Did you know about Ms. Gail? She's an awesome lady!



Corpus Christi Montessori School

2021-2022 Academic Calendar

***Amended Board Approved: Nov. 17, 2021**

August 2021						
Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

December 2021						
Su	Mo	Tu	We	Th	Fr	Sa
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26	27	28	29	30	31	

April 2022						
Su	Mo	Tu	We	Th	Fr	Sa
					1	2
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17	18	19	20	21	22	23
24	25	26	27	28	29	30

September 2021						
Su	Mo	Tu	We	Th	Fr	Sa
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26	27	28	29	30		

January 2022						
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23	24	25	26	27	28	29
30	31					

May 2022						
Su	Mo	Tu	We	Th	Fr	Sa
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29	30	31				

October 2021						
Su	Mo	Tu	We	Th	Fr	Sa
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17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2022						
Su	Mo	Tu	We	Th	Fr	Sa
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27	28					

June 2022						
Su	Mo	Tu	We	Th	Fr	Sa
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26	27	28	29	30		

November 2021						
Su	Mo	Tu	We	Th	Fr	Sa
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28	29	30				

March 2022						
Su	Mo	Tu	We	Th	Fr	Sa
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20	21	22	23	24	25	26
27	28	29	30	31		

Legend						
[Reporting Period Begins						
] Reporting Period Ends						
State Testing Dates						
Holiday – School Closed						
Staff Development – No Students						
** Make Up Days for Closure/Summer School						
Early Release 12:15 pm						

IMPORTANT DATES

INSTRUCTIONAL CYCLE

- 4 – Nine Week Cycles
- 1st Aug. 12 - Oct. 15 (44 days)
- 2nd Oct. 18 - Dec 17 (40 days)
- 3rd Jan. 4 - Mar 18 (47 days)
- 4th Mar. 21 - May 27 (49 days)

Total Student Days 180
Total Staff Day 187

HOLIDAYS

- Sept. 6 Labor Day
- Oct. 11 Columbus Day
- Nov. 22 - 26 Thanksgiving
- Dec. 20 - Jan. 3 Winter Break
- Mar. 7 – 11 Spring Break
- Sept. 13 BW
- Apr. 15 Good Friday – BW

STAFF DEVELOPMENT

- Aug. 9 - 11
- Oct. 8
- Jan. 3
- Feb. 21
- May 31

EARLY RELEASE 12:15 pm

- Aug. 12 - 13
- Sept. 29
- Nov. 3
- Jan. 26*
- Mar. 30
- April 14*
- April 27

STATE TESTING

May 3 - May 20

SUMMER SCHOOL MAKE UP DAY IF NECESSARY

June 6 - June 24